

Safe Sleep for Babies

Infants can die when they are not sleeping safely.

A Baby Sleeps Safest When He or She Is...

Alone
Back
Crib

Safety-approved crib

On back

Firm mattress, with a Fitted Sheet

No smoking around baby

Sleep clothes, no blanket

Nothing but baby in crib

**Questions? Parent Helpline:
1-800-CHILDREN (1-800-244-53736)**

Visit our website for more info:
ocfs.ny.gov